

Healthy teeth help you live longer!



Did you know that your dental health could affect your overall general health? Having a beautiful, healthy smile isn't just about looking good. U.S. Surgeon General David Satcher, MD, PhD, reports that neglecting oral health can promote deadly diseases such as kidney and heart disease, oral cancer, diabetes and/or respiratory ailments.

Healthy Teeth

Your oral health mirrors your general health, so you can take steps to prevent future problems. Proper nutrition, fluoride and optimum oral hygiene will help keep your teeth and gums healthier for life. Regular checkups and tooth cleanings also prevent problems. Even with the best of care some dental problems can still occur. Old crowns and amalgam fillings may need a redo — they don't last forever. Accidents or dental trauma can cause missing or broken teeth that also may need to be restored. An old denture or partial may need to be replaced or relined to restore eating comfort and preserve the health of supporting bone and gum tissue.

Your Positive Image

Dental restorations are not just for people with broken, damaged or missing teeth. Many people just don't like the way their teeth or smile looks. They may choose to go beyond a functional dental restoration, selecting a complete cosmetic dentistry makeover with porcelain veneers. Modern dentistry builds a bridge between reality and the possibility to create sensational smiles. Beautiful healthy smiles inspire spontaneity and reflect confidence, helping people look better, smile more and feel healthier.

